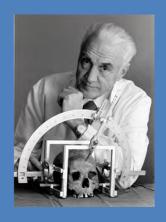


Responsabile Scientifico: A. Bufacchi



# L'ipofrazionamento è iniziato col cranio



Leksell → gammaknife
Descritto 1949
Brevettato 1968



Responsabile Scientifico: A. Bufacchi

# **Ipofrazionamento**

### Si può fare?

- Si: organ motion trascurabile, reperi ossei attendibili
- Frameless SRT, LINAC, cyberknife, gammaknife,optic tracking, IMRT, 3D.CRT...

### E' una buona idea farlo?

- Tossicità <u>tardiva</u>: sanguinamento, edema, deficit neurocognitivo, <u>radionecrosi</u>
- Outcome: ma è davvero meglio ?



Int, J. Radiation Oncology Biol. Phys., Vol. 76, No. 3, Supplement, pp. S20-S27, 2010 Copyright © 2010 Elsevier Inc. Printed in the USA. All rights reserved 0360-3016/108-see front matter

doi:10.1016/j.ijrobp.2009.02.091

QUANTEC: ORGAN SPECIFIC PAPER

Central Nervous System: Brain

### RADIATION DOSE-VOLUME EFFECTS IN THE BRAIN

YAACOV RICHARD LAWRENCE, M.R.C.P.,\* X. ALLEN LI, PH.D.,† ISSAM EL NAQA, PH.D.,‡ CAROL A. HAHN, M.D.,\$ LAWRENCE B. MARKS, M.D., ¶ THOMAS E. MERCHANT, D.O. PH.D., ¶ AND ADAM P. DICKER, M.D. PH.D.\*

\*Department of Radiation Oncology, Thomas Jefferson University, Philadelphia, PA; <sup>†</sup>Department of Radiation Oncology, Medical College of Wisconsin, Milwaukee, WI; <sup>†</sup>Department of Radiation Oncology, Washington University School of Medicine, St. Louis, MO; <sup>†</sup>Department of Radiation Oncology, Duke University Medical Center, Durham, NC; <sup>†</sup>Department of Radiation Oncology, University of North Carolina, Chapel Hill, NC; <sup>†</sup>Department of Radiation Oncology, St. Jude Children's Research Hospital, Memphis, TN



Responsabile Scientifico: A. Bufacchi

### IRRADIAZIONE DELL'ENCEFALO

- METASTASI
- TUMORI PRIMITIVI
- MAV
- TUMORI DELLA BASE DEL CRANIO/ TESTA COLLO

Dati su circa 5000 pazienti

The acute side effects of RT to the brain include nausea, vomiting, and headache; vertigo and seizures are less frequent. These symptoms are transient and generally respond to medication.

#### STEROID

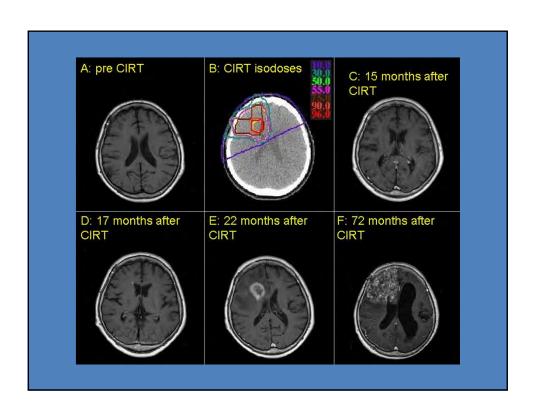
for the principal late side effects of RT to the brain: radiation necrosis and cognitive deterioration. A biopsy is rarely per-



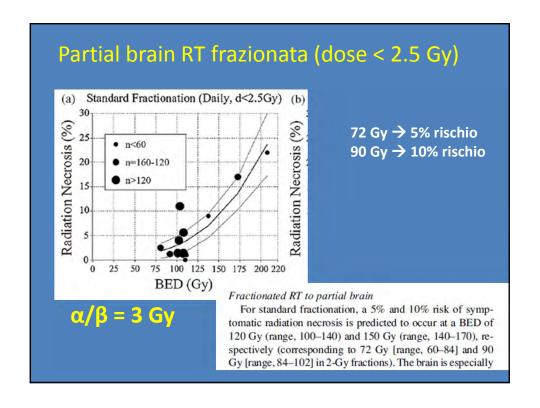
Responsabile Scientifico: A. Bufacchi

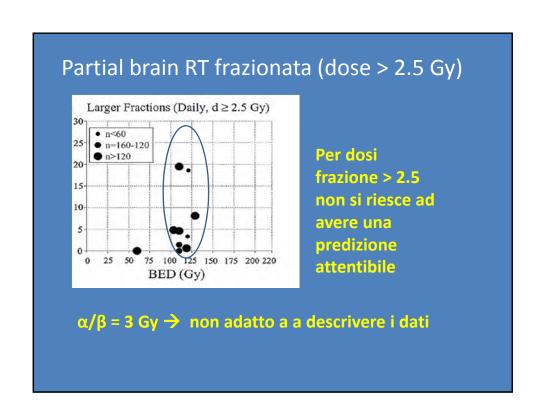
Cerebral radionecrosis is a well known side effect of RT. It usually begins as contrast enhancing lesions that can produce mass effect and or edema. Necrotic lesions tend to grow and can cause high intracranial pressure that can necessitate surgical decompression and eventually can lead the patient to death

Radionecrosis is traditionally considered progressive and unremitting. Although it had already been described as early as 1930 (Fischer A, Holfelder H. Lokales amyloid in Gehirn [Localamyloid in the brain]. *Dtsch Z Chir* 1930;227:475–483.) there are still many aspects of this phenomenon that are not completely understood. Vascular injury, direct damage to glial cells, changes in the fibrinolytic enzymes system and immune response are all relevant pathophysiological mechanisms, but their relative role is not completely clear





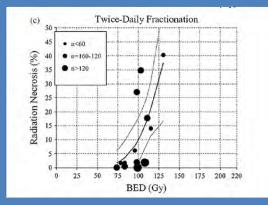






Responsabile Scientifico: A. Bufacchi

# Partial brain RT frazionata (BID)



A sorpresa la bifrazionata è più tossica per l'encefalo

 $\alpha/\beta = 3 \text{ Gy}$ 

# Dose escalation nel glioblastoma



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0360-301609/S-see front matter

doi:10.1016/j.ijrobp.2008.05.034

### CLINICAL INVESTIGATION

Brain

PHASE I THREE-DIMENSIONAL CONFORMAL RADIATION DOSE ESCALATION STUDY IN NEWLY DIAGNOSED GLIOBLASTOMA: RADIATION THERAPY ONCOLOGY GROUP TRIAL 98-03

Christina Tsien, M.D.,\* Jennifer Moughan, M.S.,† Jeff M. Michalski, M.D., M.B.A.,‡ Mark R. Gilbert, M.D., § James Purdy, Ph.D.,‡ Joseph Simpson, M.D., Ph.D.,‡ John J. Kresel, M.D., Ph.D.,† Walter J. Curran, M.D.,# Aidnag Diaz, M.D.,\*\* and Minesh P. Mehta, M.D.,†

Department of Radiation Oncology, University of Michigan, Ann Arbor, MI; <sup>†</sup>Radiation Therapy Oncology Group, Philadelphia, PA; <sup>‡</sup>Department of Radiation Oncology, Washington University School of Medicine, St. Louis, MO; <sup>‡</sup>Department of Neuro-Oncology, University of Texas M. D. Anderson Cancer Center, Houston, TX; <sup>‡</sup>University of California-Davis Medical Center, Sacramento, CA; <sup>‡</sup>Arizona Oncology Services and Barrows Neurological Institute, Phoenix, AZ; <sup>‡</sup>Thiomas Efferson University, Philadelphia, PA; <sup>†</sup>University of Texas Health Science Center, San Antonio, TX; and <sup>††</sup>University of Wisconsin, Madison, WI



Responsabile Scientifico: A. Bufacchi

# 209 pazienti

	Group 1 ( $PTV_2 < 75 \text{ cm}^3$ )						Group 2 (PTV <sub>2</sub> $\geq$ 75 cm <sup>3</sup> )									
Site	66 Gy (n = 20)	72 Gy (n = 20)		78  Gy ( $n = 26$ )		84 Gy (n = 20) Grade		66 Gy (n = 29) Grade		72 Gy (n = 18) Grade		78 Gy (n = 33) Grade		84 Gy (n = 14)		
	Grade Gr		ade Grade		ade											
	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4
Brain	1	0	1	1	1	1	0	1	i	0	0	0	1	0	0	(
Skin	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	(
Eye	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	(
Subcutaneous tissue	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	(
Other	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	(
Worst overall	1(5)	0	1 (5)	1 (5)	1(4)	1(4)	0	1 (5)	1(3)	0	0	0	1(3)	0	0	0

Poca tossicità anche a 84 Gy

# Ma non funziona...

	66 Gy		72 Gy		78 Gy		84 Gy	
Variable	Survival*	No. at risk	Survival	No. at risk	Survival	No. at risk	Survival	No. at ris
Month								
0	100	21 (22)	100	23	100	27	100	22
3	76 (52-89)	16	70 (47-84)	16	81 (61-92)	22	77 (54-90)	17
6	48 (26-67)	10	52 (31-70)	12	59 (39-75)	16	50 (28-68)	11
9	38 (18-58)	8	30 (14-49)	7	30 (14-47)	8	36 (17-56)	8
12	14 (4-32)	3	26 (11-45)	6	22 (9-39)	6	27 (11-46)	6
18	14 (4-32)	3	13 (3-30)	3	4 (0.3-16)	1	18 (6-36)	4
24	10 (2-26)	2	13 (3-30)	3	4 (0.3-16)	1	18 (6-36)	4
30	5 (0.3-20)	1	13 (3-30)	3	_	0	14 (3-31)	3
36	_	0	9 (1-24)	2	_	0	9 (2-25)	. 1
Median survival (mo)	5.	8	6.5		6.9		6.0	
Fail /total	21/	1 21/		23 27		27	21/22	

	66 Gy		72 Gy		78 Gy		84 Gy		
Variable	Survival*	No. at risk	Survival	No. at risk	Survival*	No. at risk	Survival	No. at risk	
Month									
0	100	33	100	23	100	35	100	18	
3	67 (48-80)	22	48 (27-66)	11	77 (59-88)	27	56 (31-75)	10	
6	18 (7-33)	6	39 (20-58)	9	23 (11-38)	8	33 (14-55)	6	
9	9 (2-22)	3	22 (8-40)	5	11 (4-24)	4	22 (7-43)	4	
12	6 (1-18)	2	22 (8-40)	5	9 (2-21)	3	6 (0.4-22)	1	
18	3 (0.2-13)	1	_	0	3 (0.2-13)	1	-	0	
24	3 (0.2-13)	1	-	0	3 (0.2-13)	1	_	0	
30	3 (0.2-13)	1	-	0	3 (0.2-13)	1	-	0	
36	3 (0.2-13)	1	_	0	3 (0.2-13)	1	_	0	
Median survival (mo)	3.	8	3.0		4.	4	3.2		
Fail /total	32/	33	23/23		34/35		18/18		



Responsabile Scientifico: A. Bufacchi

# **Ipofrazionare?**



Int. J. Radiation Oncology Biol. Phys., Vol. 81, No. 4, pp. 1066–1074, 2011 Copyright © 2011 Elsevier Inc. Printed in the USA. All rights reserved 0360-30165 - see from matter

doi:10.1016/j.ijrobp.2010.07.021

### CLINICAL INVESTIGATION

Brain

PHASE I TRIAL OF HYPOFRACTIONATED INTENSITY-MODULATED RADIOTHERAPY WITH TEMOZOLOMIDE CHEMOTHERAPY FOR PATIENTS WITH NEWLY DIAGNOSED GLIOBLASTOMA MULTIFORME

Changhu Chen, M.D.,\* Denise Damek, M.D.,† Laurie E. Gaspar, M.D., M.B.A.,\* Allen Waziri, M.D.,‡ Kevin Lillehei, M.D.,‡ B. K. Kleinschmidt-DeMasters, M.D.,§ Monica Robischon, R.N.,\* Kelly Stuhr, M.S.,\* Kyle E. Rusthoven, M.D.,\* and Brian D. Kavanagh, M.D., M.P.H.\*

Departments of \*Radiation Oncology, <sup>†</sup>Neurology, <sup>†</sup>Neurosurgery, and <sup>§</sup>Pathology, University of Colorado School of Medicine, Aurora, CO

Table 2. Hypofractionated intensity-modulated radiotherapy regimens

		PT	V1	PTV2		
Level	Fractions (n)	Total dose (Gy)	Fraction size (Gy)	Total dose (Gy)	Fraction size (Gy)	
1	20	60	3	45	2.25	
2	15	60	4	40.5	2.7	
3	12	60	5	36	3	
4	10	60	6	30	3	

Abbreviation: PTV = planning target volume.

# Mediana OS 16.2 Mesi

### CONCLUSIONS

The present trial was designed with an ultimate goal of intensifying radiation effect (*i.e.*, increasing BED while keeping the total radiation dose at 60 Gy), because using the current standard radiation regimen (60 Gy in 2-Gy fractions), a vast majority of GBM patients develop recurrence in the primary tumor site. Intensification of the radiation effect could increase local tumor control. Level 4 (60 Gy radiation delivered in 6-Gy fractions with concurrent and adjuvant TMZ) appeared tolerated, with acceptable toxicity in selected patients with a T<sub>1</sub>-weighted enhancing tumor <6 cm.



Responsabile Scientifico: A. Bufacchi

## Ipofrazionamento nel glioblastoma



🖒 Temozolomide versus standard 6-week radiotherapy versus hypofractionated radiotherapy in patients older than 60 years with glioblastoma: the Nordic randomised, phase 3 trial

Annika Malmström, Bjørn Henning Grønberg, Christine Marosi, Roger Stupp, Didier Frappaz, Henrik Schultz, Ufuk Abacioglu, Bjørn Tavelin, Benoit Lhermitte, Monika E Hegi, Johan Rosell, Roger Henriksson, for the Nordic Clinical Brain Turmour Study Group (NCBTSG)

Published Online August 7, 2012 http://dx.doi.org/10.1016/ S1470-2045(12)70265-6 See Comment page 857 See Comment page 857
Division of Cell Biology,
Department of Clinical and
sperimental Medicine, Faculty
of Health Sciences, Linköpingd
University, Unit of Advanced

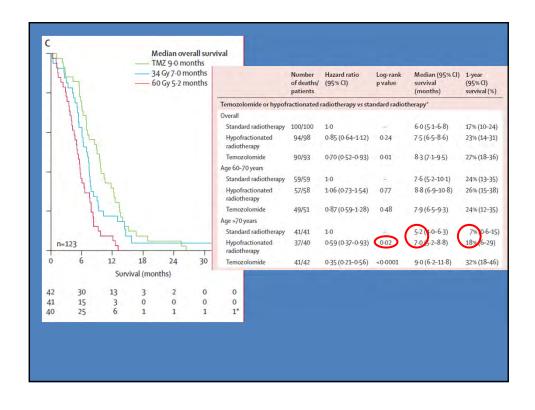
Background Most patients with glioblastoma are older than 60 years, but treatment guidelines are based on trials in Lancet Oncol 2012: 13: 916-26 patients aged only up to 70 years. We did a randomised trial to assess the optimum palliative treatment in patients aged 60 years and older with glioblastoma.

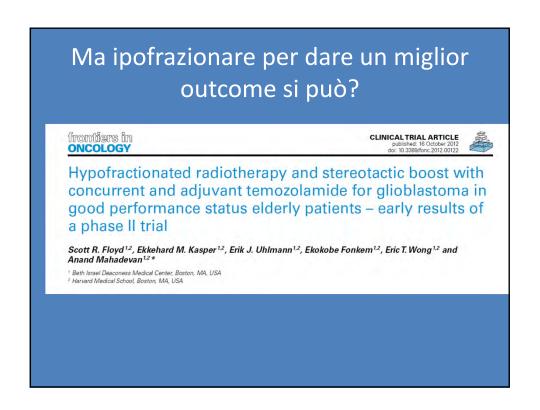
> Methods Patients with newly diagnosed glioblastoma were recruited from Austria, Denmark, France, Norway, Sweden, Switzerland, and Turkey. They were assigned by a computer-generated randomisation schedule, stratified by centre, to receive temozolomide (200 mg/m² on days 1–5 of every 28 days for up to six cycles), hypofractionated radiotherapy ( $34 \cdot 0$  Gy administered in  $3 \cdot 4$  Gy fractions over 2 weeks), or standard radiotherapy ( $60 \cdot 0$  Gy administered in  $2 \cdot 0$  Gy fractions over 6 weeks). Patients and study staff were aware of treatment assignment. The primary endpoint was overall survival. Analyses were done by intention to treat. This trial is registered, number ISRCTN81470623.

## Perché ipofrazionamento

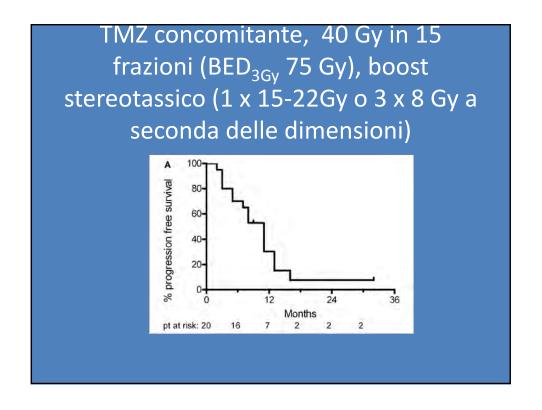
- Minor impatto sulla vita del paziente (2 settimane e non 6) per pazienti > 60 anni
- 34 Gy in 10 frazioni vs 60 Gy in 30 frazioni
- BED<sub>3Gv</sub> 72.5 Gy vs. 100 Gy
- Miglior outcome!!

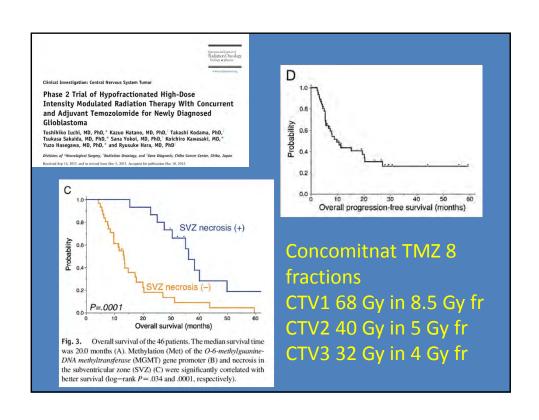






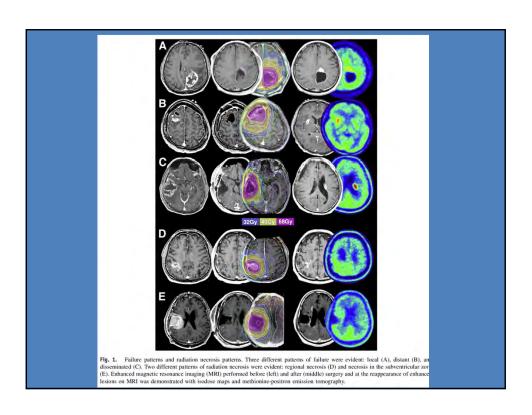








Responsabile Scientifico: A. Bufacchi



# Conclusioni?

- Cattiva prognosi
- Poca compliance
- Schemi diversi
- Altri fattori prognostici
- Poche conclusioni



Responsabile Scientifico: A. Bufacchi

The British Journal of Radiology, 85 (2012), e770–e781

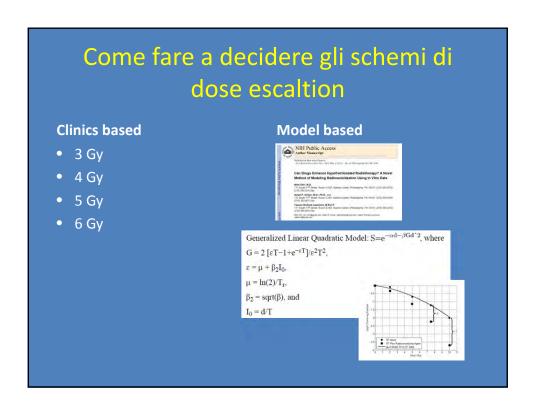
### **REVIEW ARTICLE**

Hypofractionated radiotherapy for glioblastoma: strategy for poor-risk patients or hope for the future?

<sup>1</sup>M HINGORANI, PhD, MD, <sup>1</sup>W P COLLEY, MSc, MIPEM, <sup>1</sup>S DIXIT, MD, FRCR and <sup>1,2,3</sup>A M BEAVIS, PhD, FIPEM

<sup>1</sup>Department of Radiation Oncology, Castle Hill Hospital, Hull, UK, <sup>2</sup>Department of Computer Science, University of Hull, Hull, UK, and <sup>3</sup>Faculty of Health and Wellbeing, Sheffield-Hallam University, Sheffield, UK

- A trend toward increased OS (median 20 months) with TMZ and hypofractionated RT
- Better survival in patient developing necrosis
- To be investigated in phase III RCT





Responsabile Scientifico: A. Bufacchi

### terapia della radionecrosi

Traditionally, physicians have tried to combat CNS radiation necrosis with corticosteroids, antiplatelet agents, anticoagulants, hyperbaric oxygen, high-dose vitamins, and surgery However, none of these approaches has proven effective in controlled clinical trials.



Int J Rudior Oncol Biol Phys. Author manuscript; available in PMC 2012 April J

Published in final edited form as:

Int J Radiat Oncol Biol Phys. 2011 April 1; 79(5): 1487-1495. doi:10.1016/j.ijrobp.2009.12.061.

# Randomized double-blind placebo-controlled trial of bevacizumab therapy for radiation necrosis of the CNS

Victor A. Levin, M.D.\*, Luc Bidaut, Ph.D.¶, Ping Hou, Ph.D.¶, Ashok J. Kumar, M.D.† Jeffrey S. Wefel, Ph.D.\*, B. Nebiyou Bekele, Ph.D.‡, Sujit Prabhu, M.D.\*, Monica Log M.D.\*, Mark R. Gilbert, M.D.\*, and Edward F. Jackson, Ph.D.¶

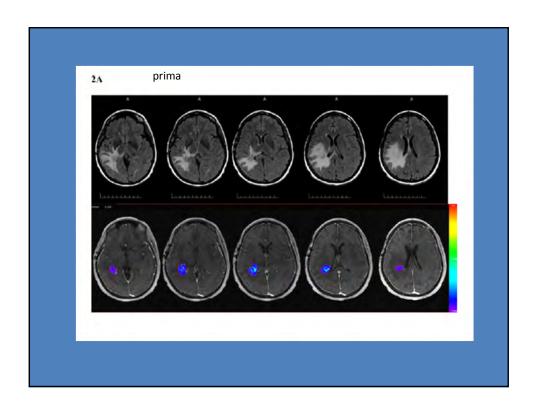
\*Department of Neuro-Oncology, The University of Texas M. D. Anderson Cancer Center, Houston, Texas

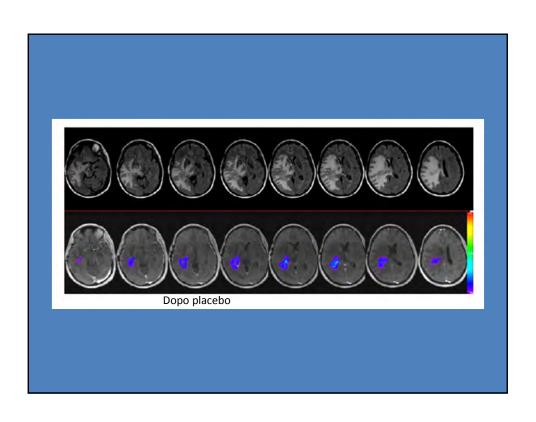
<sup>†</sup>Department of Diagnostic Radiology, The University of Texas M. D. Anderson Cancer Ce Houston, Texas

<sup>‡</sup>Department of Biostatistics, The University of Texas M. D. Anderson Cancer Center, Hou Texas

<sup>¶</sup>Department of Imaging Physics, The University of Texas M. D. Anderson Cancer Center Houston, Texas

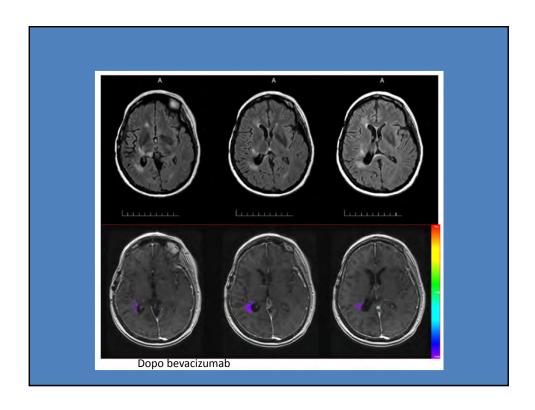








Responsabile Scientifico: A. Bufacchi



Radionecrosi confermata con biopsia

Placebo controlled double blind RCT

Crossover

Tumori a buona prognosi

14 pazienti



Responsabile Scientifico: A. Bufacchi

# Bevacizumab per tutte le radionecrosi

Results: The volumes of necrosis estimated on  $T_2$ -weighted fluid-attenuated inversion recovery and  $T_1$ -weighted gadolinium-enhanced magnetic resonance imaging scans demonstrated that although no patient receiving placebo responded (0 of 7), all bevacizumab-treated patients did so (5 of 5 randomized and 7 of 7 crossover) with decreases in  $T_2$ -weighted fluid-attenuated inversion recovery and  $T_1$ -weighted gadolinium-enhanced volumes and a decrease in endothelial transfer constant. All bevacizumab-treated patients—and none of the placebo-treated patients—showed improvement in neurologic symptoms or signs. At a median of 10 months after the last dose of bevacizumab in patients receiving all four study doses, only 2 patients had experienced a recurrence of magnetic resonance imaging changes consistent with progressive radiation necrosis; one patient received a single additional dose of bevacizumab and the other patient received two doses.

Conclusion: The Class I evidence of bevacizumab efficacy from the present study in the treatment of central nervous system radiation necrosis justifies consideration of this treatment option for people with radiation necrosis secondary to the treatment of head-and-neck cancer and brain cancer. © 2011 Elsevier Inc.

Radiochirurgia: frazione singola



Responsabile Scientifico: A. Bufacchi

# Radiochirurgia: frazione singola

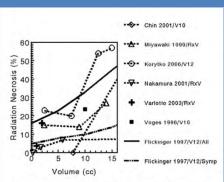


Fig. 1. Relationship between volume receiving high-dose irradiation and incidence of radiation necrosis in single-fraction stereotactic radiosurgery. Studies differed in their completeness of follow-up, definition of volume, and definition of radiation necrosis. Graph based on data presented in Table 1. Volume plotted as a point, representing mid-point of volume range.  $V_{10} = \text{volume receiving}$  10 Gy;  $V_{12} = \text{volume receiving}$  12 Gy; RxV = treatment volume. Flickinger data is shown for patients with either radiologic or symptomatic evidence of necrosis (marked as "All"), or only those with symptomatic necrosis (Symp). The other authors' data refers to symptomatic necrosis (recrosis (Symp)).

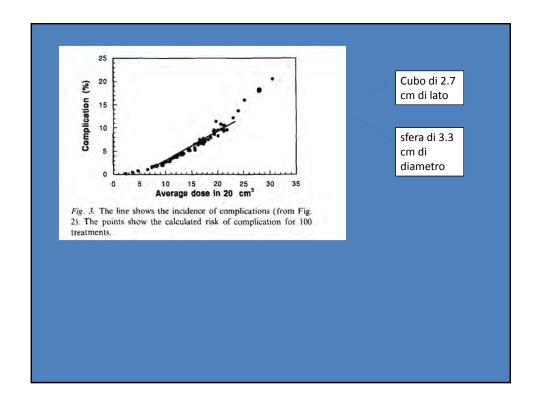
Volume ad alta dose è il fattore critico (10 Gy? 12 Gy?)

 Lax I, Karlsson B. Prediction of complications in gamma knife radiosurgery of arteriovenous malformation. Acta Oncol 1996; 35:49–55.

defined for the determination of  $N_0$  and  $D_0$ . Three obvious hypotheses are:

- (A) All of the irradiated volume, including that of the AVM, is of importance for the genesis of complications.
- (B) Only the irradiated volume outside the AVM is of relevance in this context (22).
- (C) All of the volume outside the AVM plus a fraction of the volume of the AVM (i.e. normal brain tissue within the AVM) is of relevance.









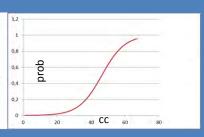
Responsabile Scientifico: A. Bufacchi

# Formula di Flickinger

SPIE (significant post-radiosurgery injury expression) = 0.1 \* vol (cm³)+ 0.02 età (anni) + 0.3 \* sede (frontale/temporale = 0, parietale/occipitale/corpo calloso/cervelletto/ventricoli = 1, tronco/gangli della base/talamo = 2)

$$P ext{ (necrosis)} = \frac{e^{B}}{(1+e^{B})},$$

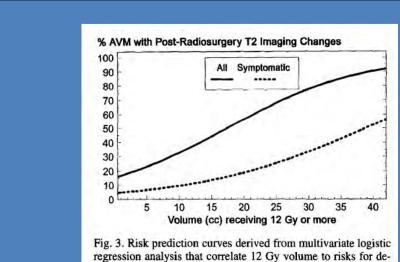
$$B = \text{constant } (-7.8713) + 0.7506 * (SPIE) + 0.0734 * (V12)$$



- Complications from radiosurgery (T2 imaging changes with or without symptoms) are a function of both dose and volume.
- The volume receiving greater than a specified dose (such as 8, 10, or 12 Gy) from radiosurgery should reflect the risk of complications.
- The target (AVM nidus) inside the treatment volume contributes to radiosurgery complications.
- Complications vary within the different dose rates used in the clinical practice of gamma knife radiosurgery.
- The difference between asymptomatic and symptomatic post-radiosurgery imaging changes is due primarily to location.



Responsabile Scientifico: A. Bufacchi



# Fig. 3. Risk prediction curves derived from multivariate logistic regression analysis that correlate 12 Gy volume to risks for developing all (symptomatic and asymptomatic) post-radiosurgery imaging changes (upper solid curve) and symptomatic post-radiosurgery imaging changes (lower dashed curve) for AVM patients

### **CLINICAL INVESTIGATION**

Brain

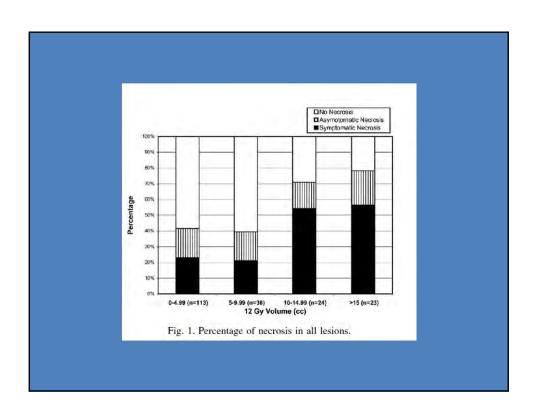
### 12 GY GAMMA KNIFE RADIOSURGICAL VOLUME IS A PREDICTOR FOR RADIATION NECROSIS IN NON-AVM INTRACRANIAL TUMORS

Timothy Korytko, M.D.,\* Tomas Radivoyevitch, Ph.D.,<sup>†</sup> Valdir Colussi, Ph.D.,\* Barry W. Wessels, Ph.D.,\* Kunjan Pillai, M.S.,\* Robert J. Maciunas, M.D., M.P.H.,\*\* and Douglas B. Einstein, M.D., Ph.D.\*

Departments of \*Radiation Oncology, <sup>†</sup>Biostatistics, and <sup>‡</sup>Neurosurgery, University Hospitals of Cleveland and Case Western Reserve University, Cleveland, OH

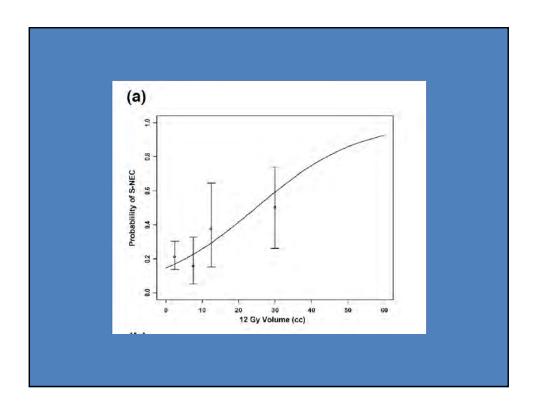


Chondrosarcoma Lesion characteristics	1
12 Gy volume	Number of lesions
<5 cc	113, 99*
5–9.99 сс	38, 32*
10-14.99 cc	24, 18*
>15 cc	23, 18*
* Nonglioma lesion	





Responsabile Scientifico: A. Bufacchi



### Radiosurgery

The risk of complications increases with the size of the target volume. Toxicity increases rapidly once the volume of the brain exposed to >12 Gy is >5-10 cm<sup>3</sup>. Eloquent areas of the brain (brain stem, corpus callosum) require more stringent limits. The substantial variation between the reported treatment parameters and outcomes from different centers has prevented us from making precise toxicity risk predictions.



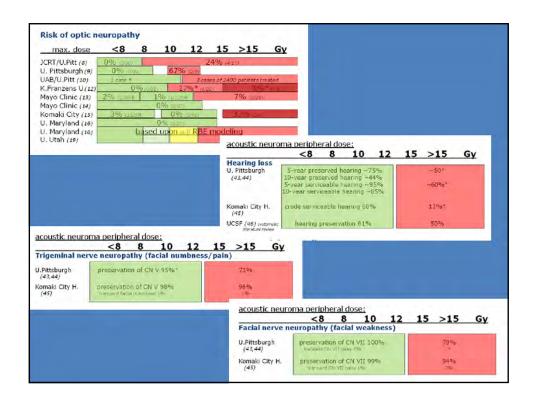
### Associazione Italiana di Fisica Medica IPOFRAZIONAMENTO E TECNICHE INNOVATIVE Roma, 29 Aprile 2014 Responsabile Scientifico: A. Bufacchi

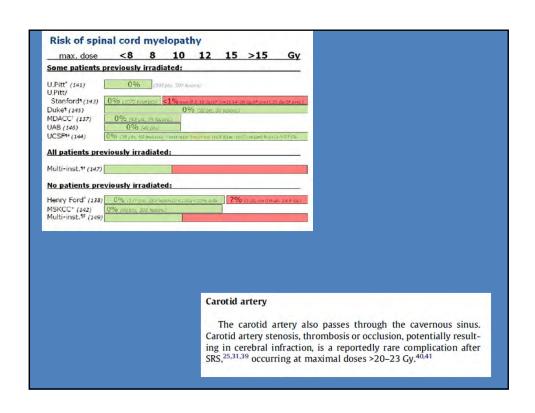
# Non solo necrosi

- Complicanze sul tronco
- Sanguinamento
- Nervi cranici











Responsabile Scientifico: A. Bufacchi

### **Tronco**

 10-12 Gy dose massima in single shot → 1-2% rischio di tossicità

### • Quantec:

Dose 1/3 tronco (Gy)	12.5	14.2	16	17.5
Rischio tossicità	1%	13%	61%	94%

## Edema senza necrosi

JJCO Japanese Journal of Clinical Onenlogy

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Significance of Tumor Volume Related to Peritumoral Edema in Intracranial Meningioma Treated with Extreme Hypofractionated Stereotactic Radiation Therapy in Three to Five Fractions

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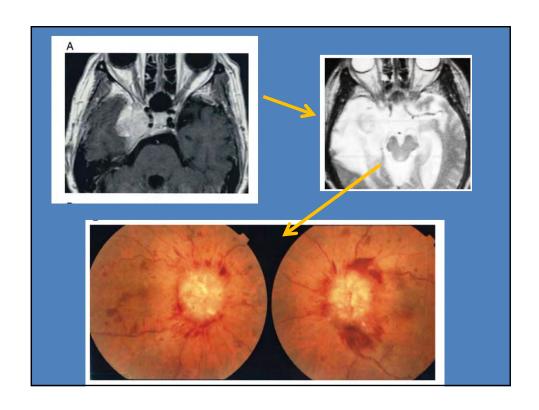
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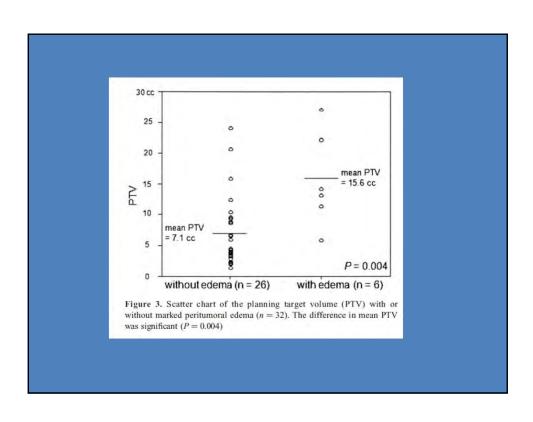
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21- 34 Gy in 3-5 frazioni









Responsabile Scientifico: A. Bufacchi



## conclusioni

- Tanti pazienti non hanno il tempo di sviluppare la tossicità
- Ipofrazionare potrebbe miglirare il controlo locale del glioblastoma, anche 68 Gy in 8 frazioni sono tollerabili
- In singola seduta il parametro fondamentale resta il volume (inclusa la malattia) che riceve 12 Gy (5 – 10 cc OK, di più rischioso)



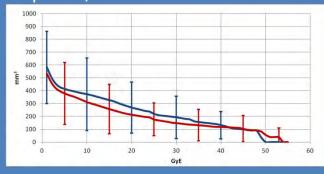
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# Conclusioni (2)

- I constraints dei tratatmenti sterotassici (3-5 frazioni) restano empirici
- La scelta tra ipofrazionamento moderato, spinto o singola seduta si basa spesso su fattori empirici
- Nulla vieterebbe la tecnica stereotassica con frazionamento convenzionale

# Proposta

• Considerare necrosi e recidiva come eventi, in prima ipotesi, locali



Astrocitomi di basso grado trattati al NIRS con CIRT, la curva rossa è il DVH medio +-SD dei pazienti che hanno sviluppato necrosi e si sovrapone a quella dei paziwenti che non la hanno sviluppata



- Ricontornamento della necrosi (e della recidiva)
- Fusione della RM di FU con il piano
- DVH della necrosi (e della recidiva)
- Confronto (ratio) dei DVH differenziali

